



## YES Newsletter—August 2021

### Get to know your committee member

**Zaina Al-Mohtaseb, MD, YES Clinical Committee, Chair**

**Practices:** Baylor College of Medicine

**Social handles:** Instagram: [zainaalmohtasebmd](#) Facebook: [Zaina Al-Mohtaseb](#)  
LinkedIn: [Zaina Al-Mohtaseb](#)

**Do you have an OR quirk? Music you always listen to/won't listen too?**

**Something you always wear? Something you always do?**

I love listening to Coldplay in the OR. The patients and the staff also enjoy it too!

**How do you unwind after a stressful day?**

If I have a stressful day at work, coming home and seeing my 3-year-old and 16-month-old gives me great joy. I wouldn't necessarily call it "unwinding" per say but I wouldn't trade it for the world!

**If you could only eat one food for the rest of your life what would it be?**

Sushi for sure!

**What is the most unique place you've traveled/visited?**

I would say southern Spain. I absolutely loved everything about it, including the culture and the history.

**Who is your hero?**

My hero is my mother. She is absolutely amazing. She immigrated to this country and was an English teacher then attended law school in her late 30s. She worked as an immigration attorney in the nonprofit sector and over the years became vice president of the Cabrini Center at Catholic Charities. She has always been an amazing mother, wife, and lawyer and taught me that I can do anything I put my mind to!

### Renew/Maintain Your Membership

Graduating PGY4 residents need to be update their ASCRS membership. Memberships expire on **August 30**, so please renew your membership ASAP to maintain your access to exclusive ASCRS education, advocacy, community, and other member benefits.

ASCRS membership is complimentary for residents and fellows and discounted for physicians within their first 5 years of practice. [Renew your ASCRS membership](#) today, telling us if you're going to transfer your residency membership to an ASCRS fellow membership (complimentary) or an ASCRS practicing member (\$100). Your ASCRS membership solidifies your commitment to staying on top of the latest educational advances in ophthalmology, which ultimately translates to better patient care!

For more information about membership and renewals, [click here](#).

## **Gear Up for a Full Fall: Educational and Networking Opportunities**

There are a slew of returning and new ASCRS educational and networking events planned for this fall:

- **New! YES Connect Webinars:** We're going to deploy a new webinar each month for the YES community on both practice-related and clinical topics. The first webinar on Wednesday, September 8 will cover "Virtual Interviews: Keys to Success" with Soroosh Behshad, MD, Kourtney Houser, MD, Beeran Meghpara, MD, and Nandini Venkateswaran, MD, as faculty. [Stay tuned to the YES webpage for details.](#)
- **ASCRS Grand Rounds:** Experience faculty and your colleagues from other residency programs in this monthly grand rounds-style virtual event, returning live Tuesday, September 28 with Wills Eye Hospital. Find more info and check out past recordings [here.](#)
- **ASCRS Journal Club:** Journal Club never took a summer hiatus—its next online episode is Thursday, September 23. Mark your calendar and check out past recordings [here.](#)
- **Quicksand Chronicles Podcast:** The latest Quicksand Chronicles Podcast with hosts Elizabeth Yeu, MD, and Nicole Fram, MD, featured our very own Zaina Al-Mohtaseb, MD. [Watch/listen to the episode.](#)
- **Residents and Fellows Roundtables:** We're bringing back monthly residents and fellows roundtables on Monday, September 20 8 p.m. CT with "The White Cataract" hosted by Zaina Al-Mohtaseb, MD, and Manjool Shah, MD. [Register now](#) (space is limited)! See past events [here.](#)

### **Grant Opportunity for YES Members**

The Young Eye Surgeons International Service Grant, created to inspire involvement in global eyecare, is open for applications until October 15. This grant gives recipients the opportunity to participate in developing world healthcare systems, teaching institutions, and community programs, implementing a customized international volunteer plan developed by the recipient.

For more information and to apply for this grant, [click here.](#)

### **Reminder! Take the ASCRS Clinical Survey**

The ASCRS Clinical Survey closes at the end of August. Fifteen minutes of your time to take the survey allows you to have a direct impact on the future of ASCRS initiatives, with data being used to track practice patterns and clinical opinions and identify educational opportunities.

Completing the survey **registers you to win a \$100 gift card (10 winners) or the grand prize (1 winner)**—complimentary hotel accommodations in Washington, D.C., for the 2022 ASCRS Annual Meeting. Winners will be drawn on Sept. 1, 2021.

Take the survey [online](#) (ASCRS member login required).

## Thank you!

The ASCRS Annual Meeting, which took place in person in Las Vegas in July, was a success! We were so pleased with the engagement of the YES audience in wet labs and at the YES symposium, the YES luncheon, and other events!

Thanks to all who pumped the ASCRS Annual Meeting on social media! Keep the conversation going regarding YES activities with #ASCRSYES.

**Notice:** One more word about social, we're integrating YES content on social onto the ASCRS official platforms. The YES-specific social media pages will be removed by the end of the month, so make sure you're following ASCRS on Facebook, Twitter, Instagram, and LinkedIn for YES-specific information and all of ASCRS going forward.

**YES Member Benefit Highlight:** Did you know that *EyeWorld*, the quarterly member magazine of ASCRS, features an article in each quarter driven by YES Clinical Committee members? Flip through each issue—print or online—to see content specifically relevant to the YES audience.

## Helpful Links and Resources

- [ASCRS YES Membership](#)
- [ASCRS Clinical Education](#)
- [ASCRS Online Tools](#)
- Official YES Hashtag: #ASCRSYES